

# **Chapter: Patient and Family Education (PF)**

## **Section 1: Needs Assessment and Educational Programs**

### ***Policy***

Utah State Hospital provides education and resources to patients and their families. We recognize this to be an important therapeutic tool in the treatment of our patients and will continue the development of programming and resources that will assist in this process.

### ***Procedure***

1. Educational needs of the patients and families are identified during the admission assessment process and continue throughout the treatment process and during the clinical evaluations.
2. This information is gathered by the treatment team and utilized in the formulation and updating of the Treatment Plan.
3. The Utah State Hospital offers a wide variety of educational programs and opportunities for the patients in each service area in the form of group and individual therapies. These may include, but are not limited to: medication management; information on mental illness; symptom management; drug and alcohol education; coping and relaxation skills development; social skills; leisure skills; sex education; etc.
4. The hospital offers family therapy and Family Day which are designed to build support systems for the patient; educate patients and family regarding mental illness; give resource material to the patients and their families; and assist them in the development of coping with mental illness.
5. For patient specific care, documentation of attendance, progress, continued needs assessment, and evaluation is the responsibility of the group leaders and the treatment teams.
6. Formal educational services are available to assist patients toward attainment of an academic degree or vocational competency through an adult education program provided by the school district.

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*Initiated: 9-95*  
*Reviewed: 6-98*  
*Revised: 1-02*  
*Reviewed: 1-05*  
*Reviewed: 6-07*  
*Revised: 6-09*  
*Reviewed: 8-12*

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